

# One-Step Pregnancy Test

## HOW IT WORKS

The Easy-to-Use Family Wellness™ One-Step Pregnancy Test, which you can easily perform yourself, detects the presence of human chorionic gonadotropin ("hCG"), which appears in urine very early during pregnancy.

hCG is a hormone, produced by the developing placenta shortly after conception and secreted into the urine. This pregnancy test contains antibodies which specifically react with this hormone.

When specimen is collected on the test strip, capillary action carries the specimen along the membrane. When hCG in the specimen reaches the test zone region (T) of the membrane, it will form a colored line, in the Easy-to-Read Results Window.

To serve as a procedure control, a colored line will appear at the control zone region "C" of the Easy-to-Read Results Window if the test has been performed properly.

## CONTENTS OF THE TEST KIT

- Two (2) Pouches, Each Containing One (1) Test Device
- One (1) Instructions Insert in English and Spanish

## WHEN TO COLLECT URINE FOR THE TEST?

A urine specimen at any time of the day is appropriate for Pregnancy Testing, but the first morning urine specimen is optimal because of its highest concentration of hCG for the testing process. It is recommended to use the first morning urine to conduct early detection testing before the missed period, due to its higher concentrations of hCG.

**Do not use after the printed expiration date on the carton. Store in a cool, dry place between 36°-86° F (2°-30° C). Keep out of extremes in temperature. Keep out of reach of Children. For in-vitro diagnostic use only. Not to be taken internally.**

## FOR ASSISTANCE

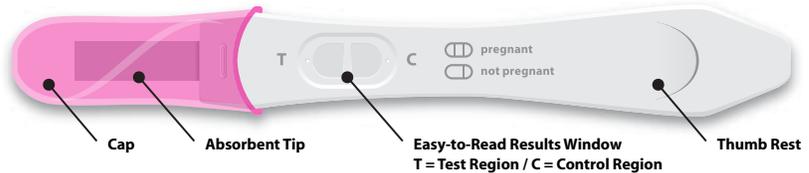
Call us toll-free at **1-800-639-3803**  
**Weekdays:** 9:00 a.m. - 4:00 p.m. Eastern Time  
**Or email us at:** support@fourstari.com  
**Or visit** www.fourstari.com/FAQ.html

SKU #0903756

Printed in China.

## HOW TO DO TEST

Remove Testing Device from the foil pouch.



**Either** remove the **cap** and with the **absorbent tip** pointing downward, and **results window** facing toward your body, hold under your urine stream for **5 seconds**.



**Or** you may also collect your urine in a clean, dry cup or glass and immerse the entire **absorbent tip** into the urine for **5 seconds**.



## HOW TO READ TEST



3 minutes

Recap and place the test on a level surface with the **results window** facing up. Wait for at least **3 minutes** and read the results. **Do not read results after 5 minutes.**

\*Although recommended to avoid contamination, replacing the **cap** on the Testing Device is not necessary for the test to function properly.

## WHAT RESULTS MEAN

**Negative (not pregnant):** Only one color band appears, in the control line (C). No apparent band on the test line (T). This indicates that no pregnancy has been detected.



**Positive (pregnant):** If distinct color bands appear in the Control (C) and Test (T) Regions, it indicates that you may be pregnant. The color intensity of the test bands may vary since different stages of pregnancy have different concentrations of hCG hormone. Consult your physician immediately.



**IF THE RESULT IS POSITIVE (TWO LINES)** consult your physician. He or She should confirm your pregnancy after evaluating all clinical and laboratory findings. Although rare, in certain conditions the test may give a false positive result.

**Invalid:** No visible bands or there is a visible band only in the Test Region (T) and not in the Control Region (C) Carefully repeat with a new test kit.



## FAQs

**Q:** How to read the results?

**A1:** Negative (not pregnant1): Only one color band appears, in the Control Region (C) of the Easy-To-Read Results Window. No apparent band on the Test Region (T) of the Easy-To-Read Results Window. This indicates that hCG has not been detected.

**A2:** Positive (pregnant2): If distinct color bands appear in the Control and Test Lines, It indicates that you may be pregnant. The color intensity of the test bands may vary since different stages of pregnancy have different concentrations of hCG hormone. Consult your physician immediately.

**A3:** Invalid: No visible band in Control Region (C) of the Easy-To-Read Results Window or there is a visible band only in the Test Region (T) of the Easy-To-Read Results Window and not in the Control Region. Repeat with a new test kit.

**NOTE:** if the color band is weak or indistinct, it is recommended that the test be repeated in 48 hours.

**Q:** What to do when you know the result.

**A:** If the result is positive (two lines): Consult your physician. He or She should confirm your pregnancy after evaluating all clinical and laboratory findings. In certain conditions, the test may give a false positive result.

**A:** If the result is negative (one line): If you have reasons to believe that you are pregnant (e.g. no menstrual bleeding), you can repeat the test a few days later. If the test is still negative, consult your physician.

**Q:** I have waited longer than three minutes and still there are no lines in the Result Window. Is there anything wrong?

**A:** Your result would appear within 3 minutes. There should be a color line in the Control Region (C) of the Easy-To-Ready Results Window at 5 minutes to indicate that the test is completed and that you've done it correctly. If not, the test is invalid. This could be due to insufficient urine on the Absorbent Tip or not holding the device with the Absorbent Tip pointing downward while replacing the cap.

**Q:** What are False Positive Pregnancy Test Results?

**A:** False positive pregnancy test is when the test says that you are pregnant but actually you are not. False positive pregnancy tests are rare – though there are instances and conditions where they can occur:

**Chemical Pregnancy:** basically an early miscarriage. Research has shown that half of all first pregnancies end in miscarriage. Due to the high sensitivity of home pregnancy tests, many women catch early pregnancies but end up going on to have their periods due to a chemical pregnancy.

**Missed Reaction Time:** it is essential that you read the test results in the stipulated reaction time, at 3 minutes.

**Chemical Interference:** Drugs that have the pregnancy hormone Human Chorionic Gonadotropin (hCG) in them can cause incorrect results in home pregnancy tests. The Human Chorionic Gonadotropin (hCG) in them may be responsible for the false positive pregnancy test. If you have had an hCG shot due to infertility treatments, you need to be sure the shot is out of your system before you attempt to use early pregnancy tests.

**Evaporation Lines:** While technically not a true pregnancy, some pregnancy tests leave a faint evaporation line as the urine crosses the test. This faint very light grey evaporation line in the test area is often interpreted as a positive result.